



CURRENT FOOD & DRINK MENU

Kenlife Resorts

Current at 19 Oct 2026, 01:28 EAT



SCAN FOR THE ALWAYS-CURRENT MENU

Use the QR code in this menu or visit <https://www.kenlife.co.ke/menu>

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Menu information

All prices are in Kenya Shillings (KES). Items and availability may change as the operational menu is updated.

Beverages - Non-Alcoholic

bar

ITEM	DESCRIPTION	PRICE
SOFT DRINKS		
Coca cola		KES 100
		KES 150
Cock Zero		KES 100
Delmonte - mixed		KES 450
Delmonte Orange		KES 500
Fanta Black Current		KES 100
		KES 150
500ml		KES 150
Fanta Orange		KES 100
		KES 150
		KES 150
Fanta Pineapple		KES 100
		KES 150
500ml		KES 150
Ginger Ale		KES 150
Go Fruit		KES 300



Beverages - Non-Alcoholic - continued

SOFT DRINKS

ITEM	DESCRIPTION	PRICE
Keringet Still 1L		KES 250
Keringet Still 500ml		KES 100
Krest		KES 100
Lemonade		KES 100
Mayers Sparkling		KES 300
Redbull		KES 350
Soda Water		KES 150
Sprite		KES 100
		KES 150
Stoney		KES 100
Tonic Water		KES 150

SMOOTHIES

Anti Inflammatory	Mango, turmeric, slice of ginger	KES 300
Blood Cleanser	Beetroot, Carrot, apple, ginger	KES 300
Brain Boost	Avocado, banana, cucumber slice of ginger and honey	KES 300
Citrus Boost	Orange, Lemon, Carrot	KES 300
Cleanse & Glow	Carrots, Ginger, Lemon	KES 300
Detox & Cleanse	Spinach, Apple, Banana, slice of ginger and squeeze of lemon	KES 300
Digestive Health	Pawpaw, ginger, banana	KES 300



Beverages - Non-Alcoholic - continued

SMOOTHIES

ITEM	DESCRIPTION	PRICE
Energy Boost	Banana, peanut butter, dates	KES 300
Fiber Boost	Apple, Oats, Banana	KES 400
Heart Health	Avocado, Spinach, Lemon	KES 300
Hydration Boost	Watermelon, Ginger, Squeez of lemon and mint	KES 300
Immune Booster	Pineapple, Ginger, squeeze of lime	KES 300
Protein Power	Oats, banana, peanut butter	KES 400
Refresher	Pineapple, Coconut, Ginger, Squeeze of lemon	KES 300
Skin Glow	Pawpaw, Mango, Honey	KES 300
Sugar Balance	Strawberry, banana	KES 300
Weight Control	Cucumber, Slice of ginger, and mint	KES 300

COFFEE

Affogato	A scoop of vanilla ice cream "drowned" with hot espresso.	KES 450
Americano	Espresso diluted with hot water, similar to black coffee.	KES 300
Cappuccino	Espresso with equal parts steamed milk and milk foam.	KES 350
Cold Brew	Smooth, less acidic coffee brewed slowly with cold water.	KES 400
Cortado	Equal parts espresso and steamed milk (small and smooth).	KES 300
Double Espresso	Two shots of espresso for extra strength.	KES 300
Espresso	A strong, concentrated shot of coffee, the base of most drinks.	KES 250
Flat White	Similar to a latte but with stronger coffee flavor and thin micro foam.	KES 350



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Beverages - Non-Alcoholic - continued

COFFEE

ITEM	DESCRIPTION	PRICE
Iced Americano	Espresso poured over cold water and ice.	KES 300
Iced Latte	Espresso poured over cold milk and ice.	KES 350
Latte	Espresso with steamed milk and a light layer of foam (creamy).	KES 350
Latte Macchiato	Steamed milk "stained" with a shot of espresso.	KES 350
Lungo	A "long shot" of espresso brewed with more water, milder flavor.	KES 300
Macchiato	Espresso "stained" with a small amount of milk foam.	KES 300
Mocha	Espresso with steamed milk, chocolate syrup, topped with whipped cream/foam.	KES 400
Nitro Cold Brew	Cold brew infused with nitrogen, creamy with stout-like texture.	KES 500
Ristretto	A shorter, more concentrated shot of espresso.	KES 250

MILK DRINKS

Cherry Vanilla Shake	Creamy vanilla base infused with sweet-tart cherries	KES 700
Chocolate Shake	Rich and creamy, made with smooth chocolate ice cream and fresh milk.	KES 600
Date Shake	Made with dates	KES 500
Fudge Shake	Decadent chocolate fudge swirled into a thick, indulgent milkshake.	KES 700
Oreo Milk Shake	Crushed Oreo cookies blended into a creamy vanilla shake	KES 700
Peanut Butter Shake	Nutty shake made with peanut butter	KES 600
Pinacolada Shake	Tropical blend of pineapple and coconut flavors.	KES 700
Salted Caramel Shake	Creamy shake with sweet caramel balanced by a hint of sea salt.	KES 700



Beverages - Non-Alcoholic - continued

MILK DRINKS

ITEM	DESCRIPTION	PRICE
Sorbet		KES 500
Strawberry Shake	Sweet, fruity, and refreshing, made with ripe strawberries and ice cream.	KES 600
Topping: Oreo	Extra topping option - Crushed Oreo pieces.	KES 200
Topping: Rainbow	Extra topping option - Rainbow sprinkles.	KES 200
Tropical Shake	A mix of tropical fruits like mango, pineapple, and banana.	KES 700
Vanilla Mint Shake	Cool and refreshing mint infused with creamy vanilla ice cream.	KES 600
Vanilla Shake	A timeless classic with velvety vanilla ice cream blended to perfection.	KES 600

HOT BEVERAGES

African Tea (Spiced)	Tea infused with spices such as ginger, cardamom, Cinnamon and cloves	KES 150
Black Coffee	Strong coffee, boiled with optional lemon juice (No milk)	KES 100
Black Tea	Black tea brewed without milk	KES 100
Drinking Chocolate	Rich cocoa drink, thicker than hot chocolate with milk	KES 200
Green Tea	Light tea made from unoxidized tea leaves (No milk)	KES 100
Herbal Tea (Dawa)	Caffeine-free tea made from natural herbs	KES 200
Hibiscus Tea	Hot drink made from dried hibiscus petals (No milk)	KES 150
Lemon Tea	Black tea boiled with fresh lemon juice (No milk)	KES 150
Milo	Chocolate malt hot beverage with milk	KES 200
Mixed Tea (Chai)	Black tea brewed with milk non-Spiced	KES 100



Beverages - Non-Alcoholic - continued

HOT BEVERAGES

ITEM	DESCRIPTION	PRICE
Purple Tea	Kenyan-grown antioxidant-rich tea with a mild earthy flavor (No milk)	KES 100
White Coffee	Brewed coffee served with milk	KES 200